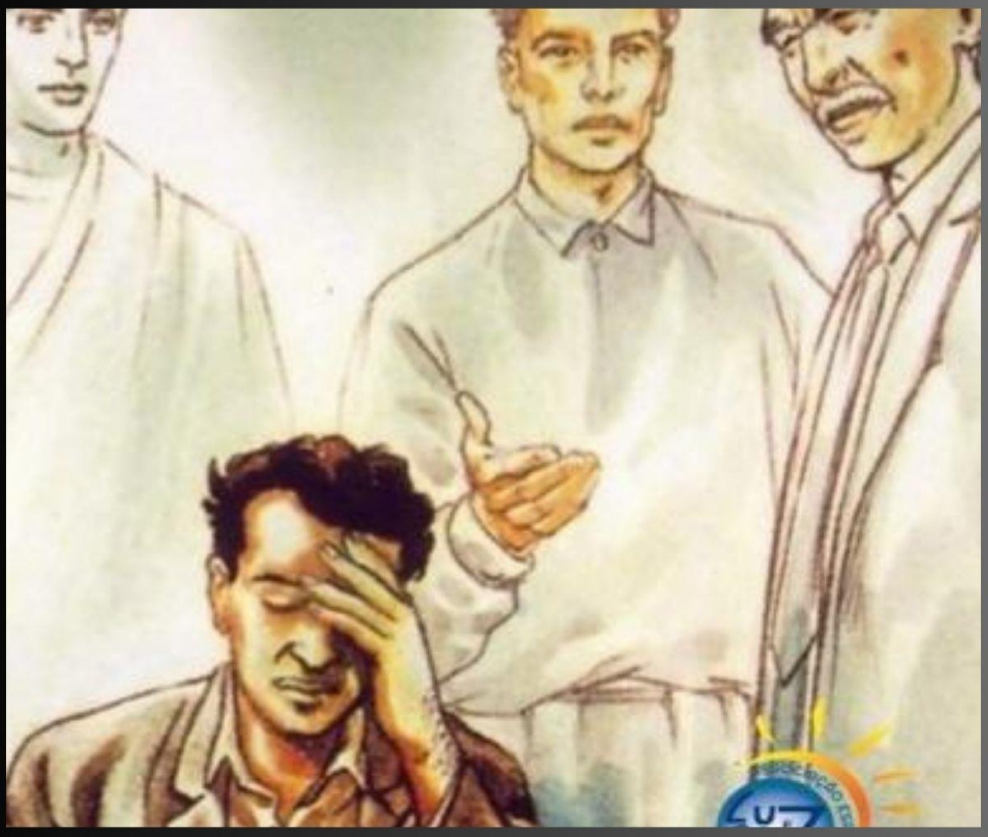
COLLECTION OF MEDIUMISTIC MESSAGES



FRANCISCO C. XAVIER

SEVERAL SPIRITS

UNFORTUNATE HABITS

Francisco C. Xavier

André Luiz

UNFORTUNATE HABITS

-Using pornography or swear words, even if they are supposedly fashionable.

-Patting or nudging anyone you speak to.

-Making unfavorable comments about someone's situation.

-Spreading rumors and engaging in negative conversations.

-Shouting.

-Laughing uncontrollably.

-Applying merciless frankness under the pretext of honoring the truth.

-Digging into other people's pasts, harming or hurting others.

-Comparing communities and people, spreading pessimism and discredit.

-Avoiding cleanliness.

-Complaining, systematically, about everything and everyone.

-Ignoring conveniences and others' rights.

-Purposedly focusing on other people's defects and scars.

-Getting irritated over trifles.

-Inquiring about situations and connections whose meaning we cannot fathom.

-Disrespecting people with unnecessary questions.

-Telling jokes which might hurt the feelings of those listening.

-Mocking those around or lashing out at those who are absent.

-Analyzing anyone's sexual problems.

-Throwing knowledge out of place and condition, for the pleasure of showing off culture and competence.

-Disregarding commitments and schedules.

-Living without method.

-Being agitated at every moment, compromising others' work and making it difficult to perform one's duties.

-Boasting, under the pretext of being better than others.

-Spending more than one can afford.

-Expecting honors and privileges.

-Not wanting to suffer.

-Demanding good without working.

-Not knowing how to handle insults or criticism.

-Not trying to control oneself, exploding at the slightest setback.

-Discrediting services and institutions.

-Avoiding studying.

-Always putting off until tomorrow the obligation that can be fulfilled today.

-Dramatizing illnesses and disappointments.

-Arguing without reasoning.

-Despising adversaries and idolizing friends.

-Complaining about others for things we have not yet managed to do.

-Asking for support without giving cooperation.

-Condemning those who cannot think like us.

-Accepting duties and leaving them without consideration on others' shoulders.

IN THE BOOK OF SOUL

AUTA DE SOUZA

FRANCISCO C. XAVIER

IN THE BOOK OF SOUL

If you have faith, don't let the night afflict you.
To the heart that tears dominate,
He lovingly extends His divine hand,
And He opens the doors of peace, laughing, and pure.

–

He relieves the harshness of bitterness,
And over the darkness of misery and ruin
He lights a new morning star,
In the sublime hope that remains.

–

If living belief directs your steps,
Under the caress of heavenly arms
You will receive bread, light, and shelter...

–

Love the cross that sustains and regenerates you
And, enveloping you in holy spring,
The Beloved Master will follow you.

Auta de Souza

(Sonnet received by the medium Francisco C. Xavier)

Inappropriate Themes

Francisco C. Xavier
André Luiz

Inappropriate Themes

-Diseases.

-Crimes.

-Intrigues.

-Criticism.

-Sarcasm.

-Domestic disputes.

-Other people's maladjustments.

-Sexual conflicts.

-Divorce.

-Depressing notes about individuals considered foreigners.

-Racism.

-Social prejudice.

-Political differences.

-Religious friction.

-Self-praise.

-The dearth of life.

-Personal woes.

-Lamentations.

-Pejorative comparisons.

-Unhappy memories.

-Disapproval of public services.

-Scandals.

-Marital infidelity.

-Pornography.

-Unflattering comments about other people's homes.

-Inconvenient anecdotes.

-Dirty stories.

✡

There are certainly no subjects unworthy of the word, and all of them can be reasons for understanding and education, but whenever inappropriate or difficult topics are brought up in any conversation, balance and prudence must be used so that respect for others is not harmed.

Separations

Francisco C. Xavier

André Luiz

SEPARATIONS

In the construction of good, we must reckon with the withdrawal of many companions and, on many occasions, even those most dear to us.

We must put up with separation, when necessary, just as trees put up with pruning.

We should not keep a friend who longs for a distance from us.

In many cases, destinies resemble roads that fork to meet the needs of progress.

Don't be an embarrassment to anyone.

If someone abandons us amid an endeavor for the happiness of all and we cannot attend to the work in solitude, the Divine Providence brings new companions who join us in the constructive struggle.

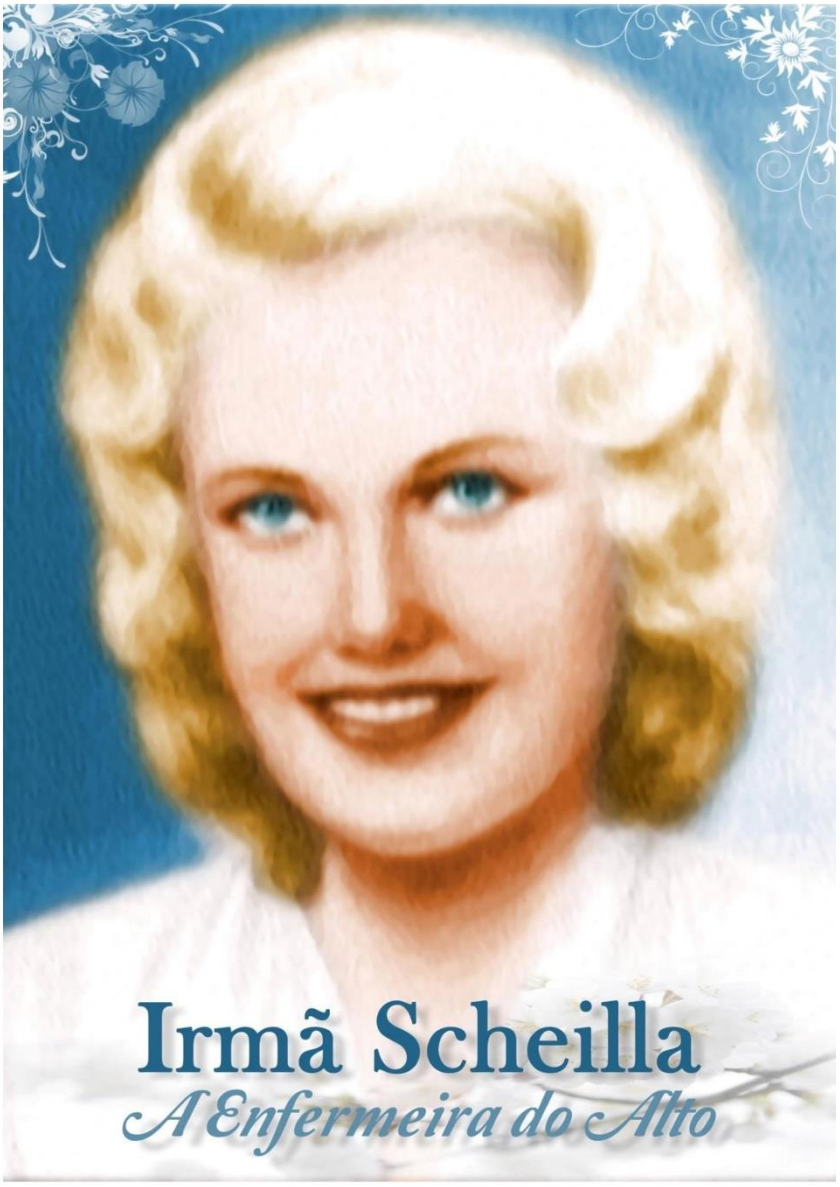
Never ask or demand from others what they cannot give us.

Let's not look down on anyone.

Let's know how to pray silently for one another.

Only God can judge each person's innermost being.

EVERYTHING IS RIGHT



FRANCISCO C. XAVIER

SCHEILLA

EVERYTHING IS RIGHT

Don't be without guidance in the tasks of good.

The Laws of Life, through countless measures, place all of us, at every moment, on the right track for building the Kingdom of God.

This is how you stay on track:

On the right day

On the right path;

In the right place;

At the right time;

In the right commitment;

In the right job;

The right experience;

In the right position;

In the right circumstance;

With the right person;

With the right resources.

As far as Divine Wisdom is concerned, everything is right for us to do our best, loving and forgiving, learning and serving.

The action, however, is ours.

Therefore, feeling wrong, thinking wrong, deciding wrong or doing wrong are problems that are of our own making.

Divergences

Francisco C. Xavier

André Luiz

DIVERGENCES

Remember that everyone is unique and has their own way of behaving.

It's important to clarify our thoughts with a spirit of fraternal understanding — engaging in healthy debate is acceptable, but being needlessly provocative is not.

Systematically antagonizing others only breeds resentment.

You can disagree without offending by respecting your opponent's rights.

Try to remove aggressive language from your vocabulary.

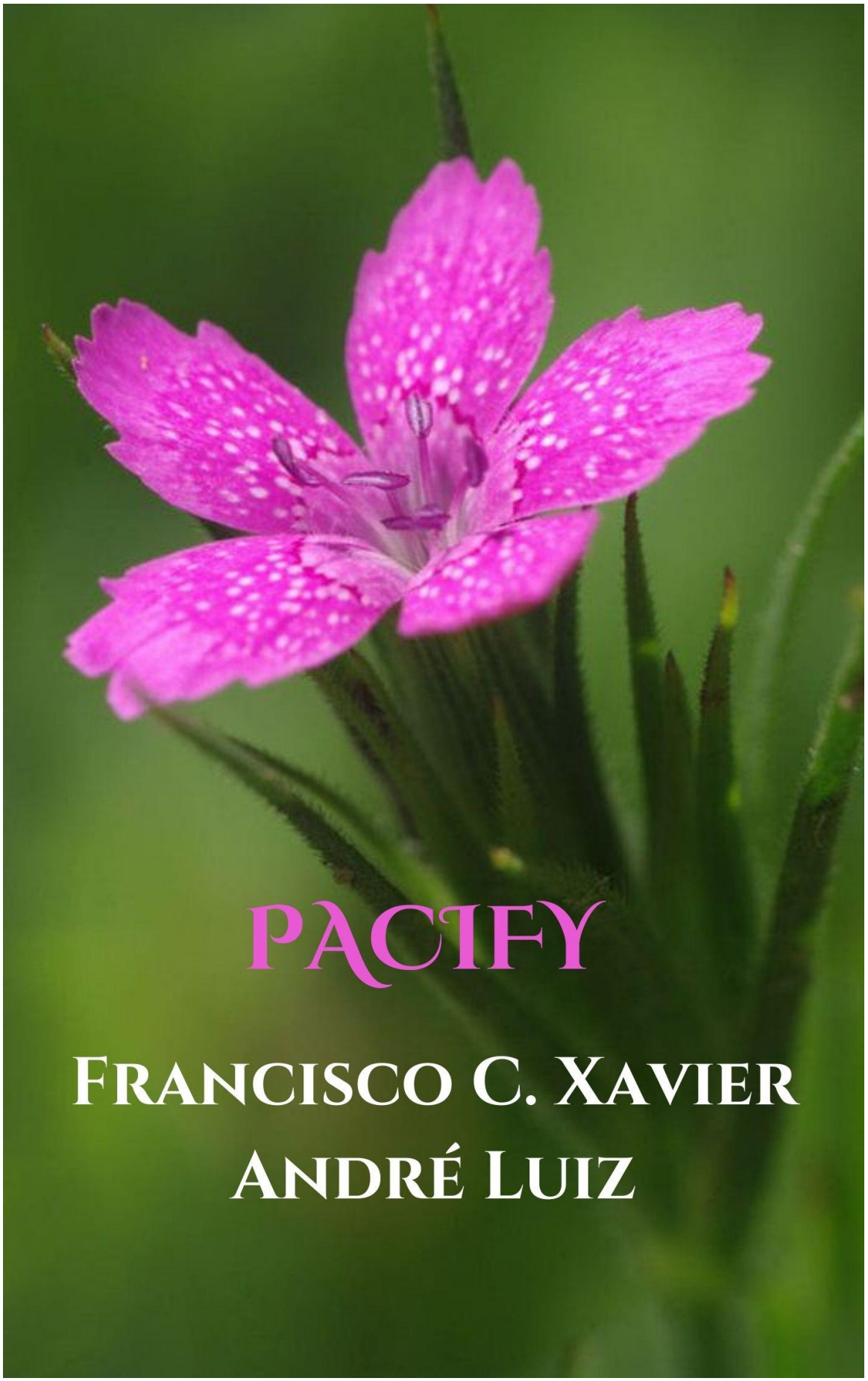
As much as it happens to us, others want to be themselves in their commitments.

There are countless ways to support others without causing harm.

Typically, we don't argue with strangers, so why would we want to create conflict with loved ones?

It's crucial to prioritize peace and let go of trivial issues to remain faithful to what truly matters.

If someone believes that a stone is wood, it's respectful to accept their perspective. However, if someone uses a stone or wood to hurt another person, it's essential to address the inappropriateness of that harmful action.



PACIFY

Francisco C. Xavier
André Luiz

PACIFY

Don't Get Angry. ~ Smile.

Don't Criticize. ~ Help.

Don't Shout. ~ Talk.

Don't Accuse. – Support

The Good Part

Francisco C.
Xavier
Emmanuel

THE GOOD PART

"Mary has chosen what is better, and no one will take it away from her."

Jesus (Luke, 10:42)

Do not forget the positive part that resides in all creatures and things.

The fire destroys, but it transports with itself the purifying element.

The stone is contusing but it consolidates security.

A windstorm whips ruthlessly; however, it helps in renewal.

A torrent is a filth; still, it usually conducts the indispensable fertilizer to the successful sowing.

So, there are also creatures that despite being negative in some sectors of the human struggle, prove to be extremely valuable in other fields.

Unilateral appreciation is always ruinous.

Complete imperfection, as much as full perfection, does not exist in the plan in which we evolve.

The criminal, accused by everyone, can be tomorrow the health care worker who brings you the glass of water.

The companion, in whom you have discovered deep darkness, might be later the sublimated brother who invites you to a good example.

A storm of the hour, as we are living at this moment, is, often, the source of well-being that we are going to live.

Let us search for the best side of the situations, events, and people.

"Mary has chosen what is better, and no one will take it away from her", told us the Lord.

Let us assimilate the essence of the divine lesson.

Those who seek the positive part, and with it remain, gather in the field of life, the spiritual treasure that anyone will never steal from them.

WISHES

Francísco C.
Xavíer
André Luíz

WISHES

Desire is anticipated fulfillment.

By wanting, we mentalize; mentalizing, we act; acting, we attract; and attracting, we realize.

As you think, you believe, and as you believe, it will be.

Today, what you wished for yesterday is within your reach.

Tomorrow, what you craved for today will be in your hands.

In the spirit domain, desire is like the field of cultivation in the world, in which each farmer is free in the sowing and responsible for the harvest.

The time the evildoer spent acting in opposition to the Law equals the time the saint spent working to sublimate life.

Every desire, in essence, is an entity taking the corresponding form.

Life is always the result of our own choice.

Thought is alive, and after acting on the objective addressed, it reacts on the individual that emitted it, both for good and evil.

Jesus' sentence: **"Seek and you shall find",** is equivalent to saying:
"You will find what you desire".

Criticism

Themes

Francisco C. Xavier

André Luiz

CRITICISM THEMES

Try to remain silent when you cannot assist.

As the saying goes, the lives of others belong to them, not to us.

We must recognize that someone else's mistake today may be ours tomorrow; on our evolutionary journey, we all share human nature.

The time spent on criticism could be better used for something constructive.

Whenever we criticize someone, we carry a moral obligation to perform better than they did in that particular task.

Keep in mind that, in any situation, the perspectives, opportunities, resources, interests, feelings, and education of others are often very different from ours.

Criticism does not resolve the issue; instead, it is an individual's actions that determine their worth.

Those who love always help and apologize.

Rather than condemning, choose to bless.

Remember: sometimes, it only takes a hammer to destroy what has taken centuries to build.

Antagonists

Francisco C. Xavier

André Luiz

ANTAGONISTS

The adversary in whom you think you find a model of perversity is perhaps just a sick person in need of understanding.

Let's recognize the fact that, many times, someone becomes unworthy simply because they don't adopt our points of view. Never despise your opponent, no matter how insignificant they may seem.

Let's respect the enemy, because they may be a bearer of truths that we still don't know, even about ourselves.

If someone has hurt you, forgive them immediately, stopping the evil at its source.

Criticism from others can only harm you if you agree to it.

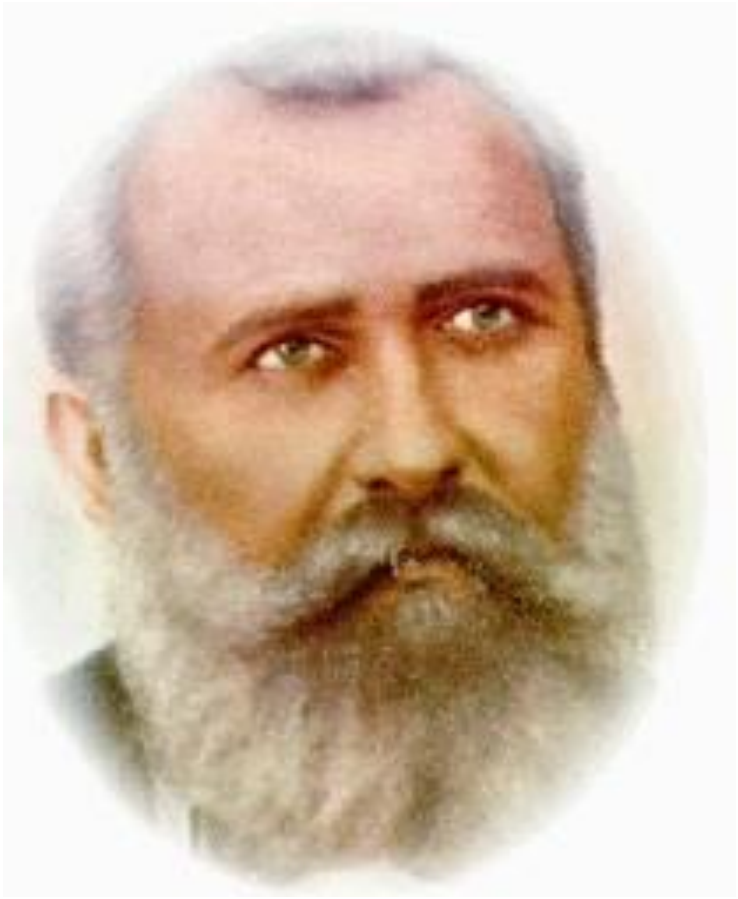
The best way to learn to forgive other people's mistakes is to recognize that we are also human, capable of making mistakes, perhaps even more clumsily than others.

The adversary, first and foremost, must be understood as a brother or sister whose opinions differ from ours.

Let others live their own lives, and they will let you live the existence of your choice.

The more it advances, the more medical science understands that hatred in the form of revenge, condemnation, resentment, envy, or hostility is at the root of numerous diseases, and the only effective remedy against such calamities of the soul is the only effective remedy against such calamities of the soul is the specific one of forgiveness, in the vehicle of love.

CHRISTIAN ACTION



BEZERRA DE MENEZES

FRANCISCO C. XAVIER

My children, Jesus be with us.

Empires have succeeded each other in time, providing the vision of man, the spectacle of greatness and temporal power, as the ultimate manifestation of human intelligence. Names have become known throughout history and even today; with the brilliance of science and technology, they are icons studied and even worshipped by groups of admirers and nostalgists.

Undoubtedly, the laboratory of civilizations has been dynamizing the power of the spirit, which reincarnated in successive opportunities, unveils its potential for light. But every human epic, from ancient Mesopotamia to the intellectual brilliance of Enlightenment in France, while representing a floor of evolution and experience for humankind, cannot by itself respond to the glorious and life-giving yearnings of souls tired of Faust and illusions.

Violence is still a hallmark of peoples, nations, and individualities embodied on Earth.

No one can deny that human culture is appreciable, making up the patrimony that authorizes us as an orb before the infinite creation that is beginning to be scrutinized on the crust.

However, on the fringes of creatures' self-interested thoughts, the Gospel, out of holy and charitable love, is still waiting for those disillusioned and tired of all the passionate adventures of so many millennia.

Children, Jesus is an oasis of living fraternity fulfilling charity.

Countless groups remain indifferent and even

opposed to the eternal message of good.

Nevertheless, exhausted of human lies and circumstantial vanities, we present ourselves here as soldiers of the age to come, in which the good news is the vitalizing sun of all salvationist, regenerating operations.

The movement of the new Christians has fraternity as its restoring and fruitful environment, sponsoring all the works of the Christian conscience in love taught by the experience of Jesus.

Spiritism, which has brought us together around a single banner, that of charity, is the great hope of the highest in these painful times of planetary transition. Bear witness to your trust in God and the kingdom that Christ Jesus has been establishing in the world for two thousand years.

Accept the good fight as a course of affective moral qualification, forget, children, convenience and warmly flee laziness, mental and psychological accommodation with the soiled principles of materialists.

We are reliving the divine steps of Christian history today, Jesus is back among us as long as the fruit of love radiates in pure fraternity. Our mission is sublime, and heaven entrusts its supreme blessings to all of us who understand ourselves to be immortal, governed by the law of love of the exalted Father, having as our moral duty that same *love one another as I have loved you* from the Unforgettable Rabbi of Galilee.

Our hearts intertwine in the same vibration of fervor

and joy; let's praise God's mercy in our charitable diligence and demonstrate to an indifferent and suffering society that fraternity and love will give soul and content to everything that has been built on a foundation of selfishness and pride, vanity and pretension. Christian edification passes through our hands, feelings, in the moral renewal that is essential and urgent.

May the sweetness of Mary, our devoted Mother, envelop us all. These are the humble wishes of this lifelong servant of yours.

Grupo Espírita da Prece –Mário Campos (MG)

MEDIUMISTIC MESSAGE

FRANCISCO CÂNDIDO XAVIER

EMMANUEL – SPIRIT

LIVING IN PEACE

"... Live in peace..." II Corinthians 13:11

Keep yourself in peace.

Others will likely fight you gratuitously, harassing your way of life. Though, you can move forward on your trail without fighting anyone.

To do this, nevertheless – to obtain the tranquility that bathes your mind – compassion and kindness must follow you every step you take.

Commit yourself to avoid exasperation.

Along with serenity, you will be able to analyze each event and person in the place and position.

Look lovingly at those who come to you along the way...

All those who come to you, afflicted or desperate, choleric or unbridled, bring wounds or illusions.

Prisoners of vanity or ignorance, they didn't know how to tolerate the light of truth and cry out angrily...

Anoint yourself with mercy and penetrate the recesses of their beings, and you will identify, in all of them, spiritual children who feel outraged or bruised.

Some accuse, others cry.

Support them while you

can.

By appeasing their souls, you will harmonize your life even more. Let's learn to understand each mind and its problem.

Remember that Nature, always divine in its foundations, respects the balanced law and maintains it unceasingly.
Even when people become unruly in open conflicts, the Earth is constantly firm, and the Sun always shines.

To live in any way is everyone's business, but to live in peace with oneself is a service of few.

The picture can't be displayed.

Do Not Ruin Your Day

~Your irritation will not solve any problems.

~Your contrarieties will not alter the nature of things.

~Your disappointments will not do the work that only time will achieve.

~Your bad humor will not modify life.

~Your pain will not stop the sun from shining tomorrow over the good and the bad.

~Your sadness will not illuminate pathways.

~Your discouragement will not edify anyone.

~Your tears will not replace the sweat which you ought to employ for the benefit of your own happiness.

~Your complaints, even if affectionate construed, will never increase other's sympathy for you by one ounce.

– Do not ruin your day.

~Learn, from Divine Wisdom, to forgive endlessly, so constructing and reconstructing for the Infinite Good.

Christian Imperatives

Learn ~ **Humbly.**

Teach ~ **By practicing.**

Manage ~ **By educating.**

Obey ~ **By being helpful.**

Love ~ **By edifying.**

Fear ~ **Yourself.**

Suffer ~ **By taking advantage.**

Speak ~ **Building.**

Listen ~ **Without malice.**

Help ~ **By uplifting.**

Support ~ **By lifting.**

Pass by ~ **Serving.**

Pray ~ **Serenely.**

Ask ~ **Wisely.**

Wait – **By working.**

Believe – **By acting.**

Trust – **By watching.**

Receive – **By distributing.**

Attend – **With kindness.**

Cooperate – **Without attachment.**

Help – **By improving.**

Examine – **Saving.**

Clarify – **Respectfully.**

Sow – **Without affliction.**

Study – **Perfecting.**

Walk – **With everyone.**

Advance – **Helping.**

Act – **For the general good.**

Correct ~ **With kindness.**

Forgive ~ **Always.**

**

Evangelical Medicines

~Always help.

~Never fear.

~Never despair.

~Learn incessantly.

~Think a lot.

~Meditate more.

~Speak little.

~Rectify by loving.

~Work happily.

~Drive, balanced.

~Obey, happy.

~Do not complain.

~Move forward.

~Look beyond.

~See far.

~Discuss serenely.

~Shine a light.

~Sow peace.

~Spread blessings.

~Fight, uplifting.

~Be joyful.

~Live in peace.

~Show courage.

~Be calm.

~Respect everything.

~Pray, confidently.

~Be vigilant, benevolent.

~Walk, improving.

~Serve today.

~Wait for tomorrow.

***

For Your Own Benefit

Don't worry about the ignorant; they certainly don't have the opportunities that have illuminated your path.

*

Avoid annoyance with fanatical people; they remain in the prison of exclusivism and deserve compassion like any prisoner.

*

Don't get upset with rude people.

Usually, their live is damaged and nerves sick.

*

Support an insecure companion; perhaps he doesn't have what he needs when you hold back excesses.

*

Do not be angry with the ungrateful; he is probably disoriented or inexperienced.

*

Help those who make mistakes; your feet tread the same ground and if you can correct, you don't have the right to blame.

*

Excuse the deserter; he's weak and will come back to his lesson later.

*

Help the sick person; thank the Divine Power for the balance you are keeping.

*

Forget the accuser; he doesn't know your case from the beginning.

*

Forgive the evil one; life will take care of him.

**

Brothers in Danger

Those who intend to transform their neighbor overnight with verbal blows.

*

Those who find clever opinions and good advice for everyone, distracted from their own problems.

*

Those who set their minds on another world, completely oblivious to the duties of the world in which they breathe.

*

Those who remain incessantly preoccupied with defending themselves.

*

Those who make ten wonderful projects a day without accomplishing any of them in ten years.

*

Those who recognize the greatness of divine truths, but who never take the time to cultivate them for their own enlightenment.

*

Those who indefinitely postpone the service of

understanding and love for others.

*

Those who feel that they are the exclusive masters of all the work in the field of charity, without distributing opportunities for service to others.

*

Those who claim to forgive the offense, but never manage to forget the wrong.

*

Those who find an opportunity to get bored with life.

***

In Serious Moments

Use calm. Life can be a good state of struggle, but a state of war is never a good life.

*

Don't deliberate hastily. Circumstances, children of Higher Designs, change our experience from minute to minute.

*

Avoid inopportune tears. Crying can complicate puzzles instead of solving them.

*

If you've made a clumsy mistake, don't rush into despair. Getting back on your feet is the best measure for those who fall.

*

Be patient. If you can't control yourself, you'll vainly seek understanding from those who don't understand you yet.

*

If the question is too complex, wait another day or another week in order to solve it.

Time does not pass in vain.

*

On the pretext of defending someone, don't enter the noisy circle. There are people who make a lot of noise simply because they like it. taste.

*

Be measured in your resolutions and attitudes. In serious moments, our spiritual reality is more visible.

*

Be careful in any appreciation of second and third persons. On other occasions, other people will be called upon to refer to you.

*

At no time proclaim your individual merits, because quality is very problematic in the context of our acquisitions.

*

Remember that virtue is not a voice that but a power that radiates.

**